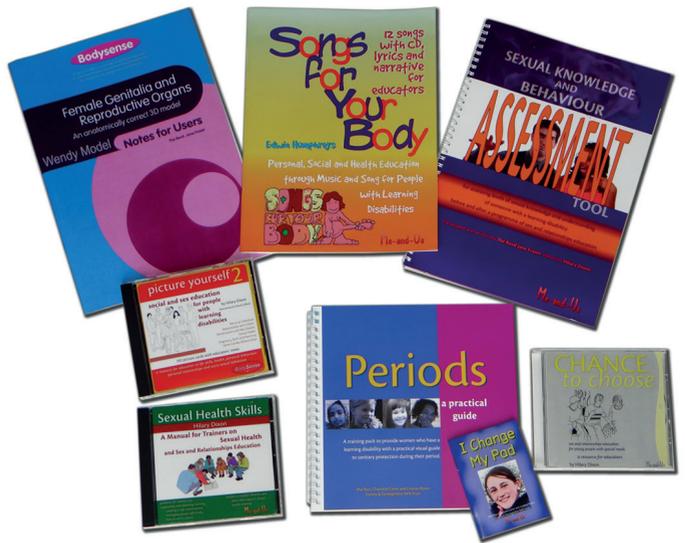


BodySense

3D anatomically correct models and teaching resources
enabling young people to develop relationships that bring
them acceptance, love & pleasure

See inside for new additions!



Catalogue 2020

Incorporating Me-and-Us publications

BodySense



BodySense was established in 2004 by The Revd Jane Fraser to create and make available innovative teaching resources that respond to the sex education needs of young people of all abilities. BodySense is an ethically-based organisation whose aim is to produce 3D anatomically correct models that enable young people to develop relationships that bring them acceptance, love and pleasure.

Jane Fraser is responsible for the development and production of the BodySense resources. Surplus from sales is reinvested towards the development of new products. Publications from other organisations are selected to complement work with BodySense models and RSE with young people with special needs.

Welcome to our 2020 Catalogue

2020 sees the introduction of new legislation making 'Relationships and Sex Education' (RSE) compulsory in all schools. In addition to Government promises of increases to education funding, Special Education Needs and Disabilities (SEND) provisions are to receive funding increases. So now is the time to ensure your curriculum is compliant with new Key Stage provisions and that those delivering the programme have the resources to support this. BodySense is the tried and tested brand leader for such resources.

Value for money from BodySense!

BodySense is a 'Not for Profit' organisation and all the prices of resources in this catalogue represent excellent value for money.

The unique and innovative BodySense models are sold at cost. Their prices have remained steady for several years but we have now been forced to adjust these to reflect the increased cost of labour, materials and postage. On the other hand, we have been able to maintain the prices of our CDs so they represent even better value for money.

The cost of postage and packing is included in all the prices when sent to UK addresses but the additional cost of posting overseas is added to invoices where relevant. We are not liable for VAT. For guidance on how to order and methods of payment, see page 14.

BodySense, Revd Jane Fraser, The Campanile, Church Lane, Stoulton, Worcestershire
WR7 4RE, UK tel: 01905 840266, email: bodysense@revjane.demon.co.uk

www.bodysense.org.uk

Training Courses and Consultancy

geared to the needs of your school or organisation

BodySense

Jane Fraser has developed a range of courses for professionals including advisory teachers, school nurses, residential and day care staff, health educators and speech therapists. Jane runs courses in the use of the models, based on her extensive experience as a qualified social worker working with young people and adults with disabilities and as an accredited trainer.



Participants at a workshop on developing skills in using Daisy & Desmond to support RSE curriculum

She is a priest in the Church of England working as Minister in Secular Employment and served as faith adviser to the Teenage Pregnancy Unit's Independent Advisory Group. She is a member of the Sex Education Forum and has served on the Forum's Advisory Panel.

"Jane Fraser was an enthusiastic trainer – she knew her stuff about a sensitive issue and got the information and exercises over exceptionally well and with good humour. She makes any subject enjoyable."

"I feel empowered to go and deliver quality teaching and support within my school."

"I feel far more equipped now to use the models within my role in Primary Care."

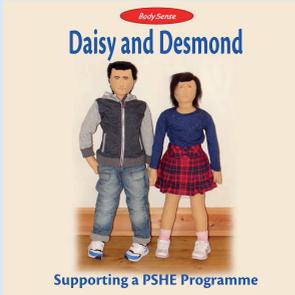
"I can't wait to get back and look at buying our own models and get PSHE for children with learning disabilities a priority in school."

BodySense, Revd Jane Fraser, The Campanile, Church Lane, Stoulton,
Worcestershire WR7 4RE, tel: 01905 840266, email: training@revjane.demon.co.uk
www.bodysense.org.uk

Training Courses and Resources

geared to the needs of your school or organisation

DAISY AND DESMOND SUPPORTING A PSHE PROGRAMME



Written by The Revd Jane Fraser and Patrick Frain

This new resource, a CD that complements the extensive 'Notes for Users' that accompany the Daisy and Desmond models, is designed to assist teachers and health educators to realise the full potential of the models.

This resource enables the lead person in a programme of PSHE to:

- comply with OFSTED learning outcomes for Relationships and Sex Education, including guidance notes.
- It enables the lead person in a programme of PSHE to make a PowerPoint presentation on the use of the models, recognising that all those working with their students with SEND should be aware of how and when the models are used, not just those who have an active role in their use.
- The CD contains an example of a successful PHSE scheme where the models have been integrated into their Life Skills programme.
- It contains evidence of students' work with the models
- Plus ready-made worksheets and strategies for use by teachers.

With Statutory RSE to start in September 2020, many Special Needs schools and units will need to carry out an RSE curriculum audit and ensure that their strategies and resources are fully compliant. This resource is designed to assist in this process with detailed curriculum suggestions.

'Daisy and Desmond Supporting a PSHE Programme' is fully illustrated with over 30 photographs of Daisy and Desmond. It gives a visual and verbal summary of how the models can complement RSE Key Stages 1 to 4. It has undergone trials at the Nexus International School in Malaysia by Patrick Frain, a long term user of the models in the UK. He demonstrates the use of the models throughout the Nexus International School's curriculum.

£20

SRE and Learning Disability

BodySense

TRAVELS WITH DAISY AND DESMOND

Written by The Revd Jane Fraser

Jane has finally recorded some of the amusing anecdotes relating to her work as a sex educator and vicar specialising in the needs of young people with a learning disability. Daisy and Desmond are life-size models (see details on pages 7 & 8 and in [www.bodysense.org.uk/our models](http://www.bodysense.org.uk/our-models)) who travel with her in a cricket bag by car, train and plane throughout the UK.

You'll hear about sex aids that cause alarm when accidentally triggered in the bag, an embarrassed airline baggage controller confronted with the contents of an innocuous-looking cricket bag and a railway porter surprised by some un-Christian language from the author triggered by a missed train – and more!

This A5 size booklet provides an insight into how she reconciles the twin taboos of sex and religious faith with a sharp sense of humour – not to mention the odd tot of whisky!

£4.00



SRE and Learning Disability

DESMOND AND DAISY - STANDING VERSION

designed by Jane Fraser and Elaine Graham

Anatomically correct, half life-size, clothed, adult, male and female models for use with young people with learning difficulties, those with sensory disabilities or poor verbal communication or for whom English is a second language.

The models convey essential visual information about the human body and facilitate two-way communication. Within special needs education they support learning about the adult body, sexual behaviour and personal and sexual relationships. Extensive notes for users are included.

The models provide a means of distancing personal and sensitive topics through drama and story-telling. Their design is such that race and age are indeterminate. Features are naturalistic rather than stylised or doll-like to facilitate their use as teaching (rather than play) materials.

see news of a project using all the Bodysense models in schools with young people of all abilities on www.bodysense.org.uk

“The class identified with the models straight away and it was rewarding to see how they engaged with them when Daisy and Desmond role-played protective behaviours.”

BodySense



£425 for the pair of standing models (incl. p&p)



Daisy and Desmond can be used to create a role play or drama sequence about personal or intimate relationships.

SRE and Learning Disability

DESMOND AND DAISY - SITTING VERSION

BodySense

The sitting version of Daisy & Desmond was developed in response to requests from teachers and health educators working with children and young people who are wheelchair users and who would not identify with standing models. The sitting version has realistic movements at the hips and knees while retaining the anatomically correct features of the standing models

Purchased with the model wheelchair a sitting model provides an ideal resource for teaching about the adult body and sexual relationships for young people with physical disabilities. It also facilitates drama and role play around personal and sexual relationships

£475 for the pair of models that sit (inc p+p).

A pair made up of one standing and one sitting model costs **£477.50** (inc p+p).

Reduced price on sitting models if purchased with a wheelchair!

One sitting model (either sex) and one wheelchair costs **£475** (save £10)

Buy one sitting model and one standing model and wheelchair for **£680** (save £20).

Buy a pair of sitting models with one wheelchair for **£700** (save £25)



SRE and Disability

WHEELCHAIR

designed by Jake Fraser and Trevor Hilton and made by Jake Fraser for BodySense

For use with the sitting version of Desmond and Daisy, to respond to the needs of those who are wheelchair users and who would not necessarily identify with standing models. The handcrafted wheelchair is scaled to the size of the models and is realistic in appearance, making it suitable for use with young people of all abilities. It is fully manoeuvrable and can be folded for storage and transport.



BodySense

One Wheelchair £250 (incl. p&p)

Buy a pair of sitting models with one wheelchair: **£700** (save £25)

Buy one standing and one sitting model with one wheelchair: **£680** (save £20)

“A small group of students had created a role play about seeking sexual health advice using Daisy and Desmond, with Desmond in the wheelchair. It just normalised the whole thing about sexual relationships and everyone’s access to services.”

SRE and Disability

BodySense

ELBOW CRUTCHES FOR DAISY AND DESMOND

Designed and made by Jake Fraser for Bodysense

These realistic model elbow crutches have been developed to help students with mobility problems (but who are not wheelchair users) to identify with the standing models.

They are of sturdy construction made from copper with chromed finish and finished with plastic elbow rests, foam hand grips and rubber ferrules.



£25 per pair

ORDER FORM
FOR
BODYSENSE
MODELS AND PUBLICATIONS
(with information on how to order)

ORDER FORM FOR PUBLICATIONS

Resource	Price	Number	Total
Picture Yourself (original)	£15.00		
Picture Yourself 2	£20.00		
Picture Yourself 1 & 2 together	£30.00		
Periods – a Practical Guide (including purse book)	£15.00		
I Change My Pad (purse book) Pack of 5	£2.50		
Condom Cards (per set)	£4.00		
Chance to Choose (CD)	£7.50		
Sexual Knowledge & Behaviour (Assessment Tool)	£25.00		
Songs For Your Body	£7.50		
Sexual Health Skills	£12.00		
DISCOUNTS ARE AVAILABLE ON MULTIPLE COPIES	Total		

NB Postage and packing (p&p) within the UK is included in the price of these items. The additional cost of posting overseas is added to the invoice.

Your order number

Name

Tel no

Job Title

Email

Organisation

Invoice address

Delivery address if different

Postcode

Invoice on UK orders will be issued with goods

Please send to: Bodysense, The Campanile, Church Lane, Stoulton, Worcester
 WR7 4RE Tel: 01905 840266 Email: bodysense@revjane.demon.co.uk

ORDER FORM FOR BODYSENSE MODELS

Resource	Price	Number	Total
Desmond & Daisy standing version	£425.00		
Desmond & Daisy sitting version	£475.00		
Desmond & Daisy 1 standing 1 sitting (state which)	£450.00		
Wheelchair	£250.00		
Elbow crutches	£25.00		
Wendy: Female Genitalia and Reproductive Organs			
Skin colour: European	£470.00		
African-Caribbean	£470.00		
Daisy & Desmond supporting a PSHE Programme	£20.00		
Travels with Daisy and Desmond	£4.00		
Total			

NB Postage and packing (p&p) within the UK is included in the price of these items .
The additional cost of posting overseas is added to the invoice.

Your order number

Name

Tel no

Job Title

Email

Organisation

Invoice address

Delivery address if different

Postcode

Invoice on UK orders will be issued with goods

Please send to: Bodysense, The Campanile, Church Lane, Stoulton, Worcester
WR7 4RE Tel: 01905 840266 Email: bodysense@revjane.demon.co.uk

HOW TO ORDER FROM BODYSENSE

Within the UK

All UK orders are despatched with an invoice enclosed for payment within 28 days and, as a not-for-profit organisation, we rely on purchasers paying promptly to cut down on costs. However, we also welcome payment with orders.

- **From the website (www.bodysense.org.uk)**

You will find the order form on the final page of the website. This can be downloaded and your ordering information added to it and emailed to us at bodysense@revjane.demon.co.uk

- **From the catalogue**

Detach the relevant order form, complete it with your requirements and either scan it and email it to us at bodysense@revjane.demon.co.uk or post it to us at Bodysense, The Campanile, Church Lane, Stoulton, Worcester WR7 4RE

- **Using your school, local authority, health authority or agency's official order form**

Complete your requirements on the order form including your order number and all the information within the Bodysense order form. It is important to include an email address that we can use to contact you if we need to query anything. Our couriers also require a telephone number they can use if there are problems with delivery

Orders from the European Union or other countries

We welcome orders from abroad, using any of the above forms. However, as a not-for-profit organisation, we need to cover the additional costs of sending goods abroad and the cost of converting from other currencies. We will therefore issue you with a proforma invoice giving prices in your currency and the additional cost of despatching the goods to you. In order to cut down on the possibility of fraud (yes, it can happen!) we must ask for payment in advance.

HOW TO PAY

Payment for UK orders

- **By cheque**

Cheques should be made out to Bodysense T/A Rev J A Fraser

- **By BACS transfer**

The relevant bank account details are to be found on your invoice.

- **By PayPal**

The relevant account details are to be found on your invoice.

Payment for overseas orders

- **By PayPal**

The relevant account details are to be found on your pro-forma invoice.

- **By IBAN transfer**

The relevant bank account details are to be found on your invoice.

Sexual Health

WENDY

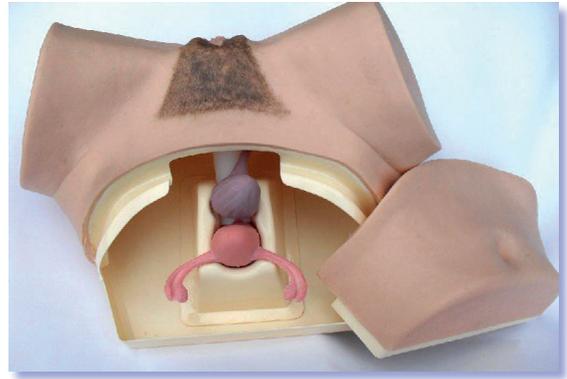
designed by Jane Fraser and Josephine Ewart
and made by Ricky Zanco for Bodysense

BodySense

Female Genitalia and Reproductive Organs

An anatomically-correct 3D latex model with a removable front panel that reveals the internal reproductive organs in their correct location, each of which is removable for close examination. The model is available in a choice of skin colours: White European and Afro-Caribbean.

Thanks to a grant from the Teenage Pregnancy Unit and the Department of Health, this innovative and successful model has now been updated and revised to reflect improvements suggested by current users.



Wendy is suitable for use with young people of all abilities and both sexes. Wendy is a valuable resource in RSE programmes in schools and in clinic settings.

The Wendy model brings greater clarity and understanding than is possible with more traditional resources and offers a realistic visual presentation of the external female genitalia and their relationship to the internal

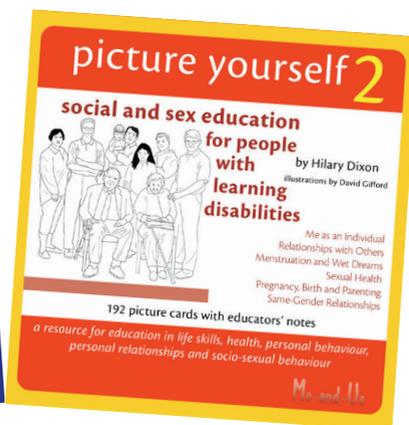
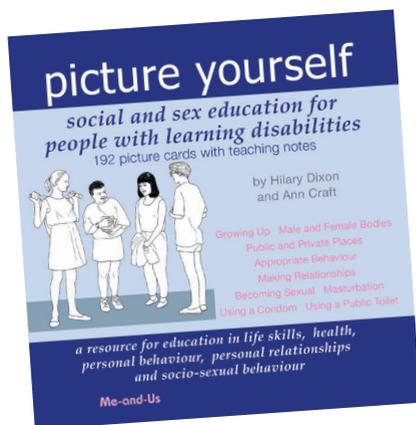
reproductive and urinary organs. In clinical settings it helps workers demonstrate and explain sexual health issues and clinic procedures.

The Wendy model is also an invaluable resource for teaching about female genital mutilation - FGM. Updated and revised notes of guidance for users are included, with notes on teaching about FGM.

£470 (incl. p&p) **see detailed descriptions on www.bodysense.org.uk**

“You could see the scales dropping from their eyes when they realised how their internal organs linked with their genitals—and then they started asking lots of questions!”

SRE and Learning Disability



PICTURE YOURSELF 1 (the original)

by Hilary Dixon and Ann Craft
illustrations by David Gifford

To help students explore aspects of personal, social and sex education. 192 line drawings and photographs on CD on the themes of: growing up – public and private – making relationships – being private



£15

PICTURE YOURSELF 2

by Hilary Dixon
illustrations by David Gifford

To help students explore aspects of personal, social and sex education. 192 line drawings on CD on the themes of: me as an individual – relationships with others – puberty, menstruation and wet dreams – sexual health – pregnancy, birth and parenting – same-gender relationships



£20

Buy Picture Yourself and Picture Yourself 2 together

£30

SRE and Learning Disability

Periods



Book and CD to provide women and girls who have a learning disability with a practical visual guide to sanitary protection during their period.

includes a copy of I Change My Pad

Mai Rees, Charlotte Carter and Lindsay Myers
Conwy & Denbighshire NHS Trust

a practical
guide

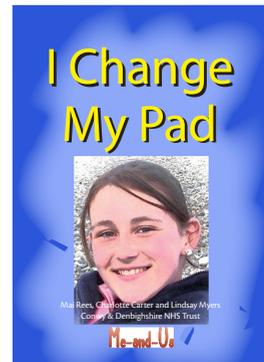
With photographs and images educators can show a woman how to deal with her periods. The language used is designed to be accessible to a person with a learning disability.

£15

32pp booklet, A7 size, **I Change My Pad**

Photographs, one per page, illustrate the times when a woman should change her pad; how to remove and throw away a soiled pad; how to put a fresh pad in place; with a reminder to wash hands.

This booklet complements Periods—a Practical Guide and is designed to be taken away by the student and kept in her purse or bag for reference. **£2.50** for a pack of 5



Me-and-U

CONDOM CARDS



Eleven line drawings by David Gifford, on cards 99mm × 105mm, showing how to use a condom, together with a guidance card.

For use by educators of people with learning disabilities or limited reading skills. The reverse side of each card has a sequence number and simple caption explaining the picture.

£4.00 per set

SRE and Learning Disability

CHANCE to choose

by Hilary Dixon

73 activities in pdf format on CD
on:

communication

body awareness

self-esteem

relationships

looking after me

being sexual

sexual health

pregnancy, birth and parenting



*Chance to Choose provides
a safe introduction to SRE
for educators who are new
to the topic.*

£7.50

Me-and-Us

SRE and Learning Disability

Songs For Your Body

12 songs on
CD with
lyrics and
narrative
for
educators



Edwin Humphreys

Personal, Social and Health Education through Music
and Song for People with Learning Disabilities

A CD of twelve songs written and sung by Edwin Humphreys. Edwin is a musician and mental health nurse. The Songs for Your Body project uses music and song to help someone with a learning disability remember a range of personal health issues from washing themselves, to disclosing abuse, to checking themselves for testicular cancer and going for a smear test.

Hear samples of all the songs on www.me-and-us.co.uk/songsforyourbody

Me-and-Us

£7.50

www.me-and-us.co.uk/songsforyourbody

Sexual Health and SRE Support for Professionals

SEXUAL KNOWLEDGE AND BEHAVIOUR

ASSESSMENT TOOL



for assessing levels of sexual knowledge and understanding
of someone with a learning disability
before and after a programme of sex and relationships education

Developed and written by **The Revd Jane Fraser**, edited by **Hilary Dixon**

Enables professionals to assess the existing level of
knowledge and behaviour of a student and to:

- identify confusion or gaps in understanding
- plan an appropriate programme of teaching
- evaluate the impact of a completed SRE programme

Me-and-Us

£25

SEXUAL HEALTH SKILLS



A Manual for Trainers on Sexual Health and Sex and Relationships Education
by **Hilary Dixon**

The manual **on CD** includes:

- guidance for trainers on negotiating and planning training, creating a safe environment, managing groups effectively, how to end a course
- 39 practical activities on getting started, sexual health information, exploring values and attitudes, skills for sexual health, groupwork, sex and relationships education, endings
- models to explain theories and ideas that support sexual health training

Me-and-Us

£12

BodySense

BodySense, Revd Jane Fraser, The Campanile, Church Lane, Stoulton, Worcestershire
WR7 4RE, tel: 01905 840266, email: bodysense@revjane.demon.co.uk

www.bodysense.org.uk